



BRUSHING YOUR PET'S TEETH

Just like humans, dogs and cats need to take care of their teeth. Homebrushing along side annual visits to HPVC for ultrasonic cleaning is your best strategy for good, lifelong pet dental health.

Scan the QR code to watch a video on proper pet dental brushing.

Here are 4 easy steps to brushing your pet's teeth like a pro.



1

Get Comfortable

Set expectations that proper toothbrushing might take several sessions, so reward your pet through training and remember to keep it positive and be patient.

For smaller pets, hold your pet securely in your lap with his head facing away from you. For larger pets, you should sit on a chair and have your pet sit beside you so you can comfortably handle his mouth and teeth.

Practice lifting their lip to see their teeth and reward with praise.



2

Try Toothpaste

Rub your finger or a soft cloth over the outer surfaces of your pet's teeth on the area where the gum touches the tooth surface. Be careful to stay on the outside surfaces of the teeth to avoid being accidentally bitten.

Once your pet is comfortable, let your pet taste a small amount of pet toothpaste from your finger. Do not use human toothpaste – it is not formulated to be swallowed. HPVC recommends CET Toothpaste. BONUS: It comes in dog and cat friendly flavors!

3

Toothbrush Time

Once your dog has accepted the taste of pet toothpaste, apply a small amount to the cloth and rub it over the teeth.

Once your dog is completely used to you rubbing his teeth with a cloth, it's time to start using a toothbrush.

4

Brushing Success

Focus on the outside of the teeth - the surface facing the cheek is most prone to plaque and tartar buildup. Brush teeth and gums gently.

When finished, offer praise and plenty of love.

HPVC recommends brushing 3x a week to help remove plaque, prevent tartar, and freshen breath.

PRO TIP: START WITH A FEW TEETH AT A TIME RATHER THAN THE WHOLE MOUTH!